Heat Acclimation and Camp Schedule **August 2021**

9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 and 15 Off
Players Report 7:45					
Practice, Lift, Meet					
8-Noon	8-Noon	8-Noon	8-Noon	8-Noon	

16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Players Report	Players Report	Players Report	Players Report	Players Report 3:15	Players Report 9:00
6:30a.m.	6:30a.m.	6:30a.m.	6:30a.m.	Practice 3:30-5p.m.	Scrimmage 10 a.m.
Practice 1: 7-9a.m.	Practice 1: 7-9a.m.	Practice 1: 7-9a.m.	Practice 1: 7-9a.m.		
9:15 Lunch RGMS Caf					
9:45-10:15 film RGMS	9:45-10:15 film RGMS	9:45-10:15 film RGMS	9:45-10:15 film RGMS		
Classrooms	Classrooms	Classrooms	Classrooms		
Practice 2: 11-1 p.m.					
			Team Pictures 2p.m.		